



ROOTED WHERE WE ARE: MOORLAND AND CITY

A workshop with the Art and Spirituality Network

led by

Linda Murgatroyd and Melvyn Freake

Saturday 22 August 2015

11.30am – 3.30pm

A workshop responding to the “Climb up to the Moor” exhibition, and to the environment of Friends House, on the busy Euston road in central London

FRIENDS HOUSE, 173-177 Euston Road, London NW1 2BJ

FREE: Advance booking essential
for bookings and enquiries, contact melvynfreake@lineone.net
or Linda at 020 - 89460 - 8365

www.artandspirituality.net

ROOTED WHERE WE ARE: MOORLAND AND CITY

An opportunity to reflect on how life evolves and is sustained in the contrasting environments of the Yorkshire Moors and Inner City London, and in our own lives.

We will respond to the Quaker Arts Network exhibition "Climb up to the Moor" which features the work of ASN member and Quaker artist Judith Bromley and of Robert Nicholls, and also to the Euston road neighbourhood, using our eyes, ears and art materials, guided by experienced Art and Spirituality Network facilitators. No artistic experience is needed. Art materials supplied.

Lunch and other refreshments can be purchased in the Quaker Centre, or you can bring your own.
The cafe will close at 3pm.

Friends House is opposite Euston close to King's Cross and Euston and Euston Square stations and on several bus routes. It is a disabled-friendly building. Further information see <http://www.quaker.org.uk>

Provisional timetable Saturday 22 August 2014

- 11.00 Exhibition opens for the day, in "the Light" exhibition hall. Arrive and look around.
- 11.30 ASN Workshop Part 1. Responding to the "Climb up to the Moor" exhibition.
- 1pm Lunch break
- 1.30 Workshop part two: Where we are now. Responding to the city and to where we are.
- 3.30 Workshop ends
- 4.00 Exhibition closes

Please inform us of any special needs when booking. Contact melvynfreake@lineone.net
or Linda at 020 - 8946 - 8365

Climb up to the Moor exhibition
paintings by Judith Bromley and Robert Nicholls
a Quaker Arts Network exhibition
18 to 29 August, 11am to 4pm daily
in "The Light", at Friends House, 173 -177 Euston road London NW1 2BJ
Includes 'Groundcover' expanding floor installation for all to participate in
details : www.quakerarts.net

Art and Spirituality Network

The Art and Spirituality Network is a loose network of artists and those of no artistic experience which aims to provide a supportive and challenging space for people to find spiritual fellowship and nourishment through making art. The Network has been running workshops and retreats for over 20 years, and welcomes people of any faith and none.

Linda Murgatroyd has been using art to create spaces for spiritual nurture, exploration and discernment for many years, as a maker, workshop facilitator and through spiritual accompaniment. She has a particular interest in strengthening links between spirituality and everyday living. She is a founder member of the Quaker Arts Network.

Melvyn Freake enjoys exploring thoughts and ideas through literature, including poetry, drama and fiction. He also relishes the opportunity that London offers to see contemporary art, both in galleries and in the life of the streets, and believes all these ideas can be used to enrich his and others' spiritual journeys.

Some comments on past ASN workshops:

- 'It helped us understand ourselves much more'
- 'It gave me much to explore'
- 'I loved the hands-on parts and quality of the materials'



To join our mailing list, email us at artandspirituality@gmail.com,
or write to ASN, Flat 60, Valiant House, Vicarage Crescent, London SW11 3LX.

There is a £5 annual fee for those not on email which will be deducted from the first workshop you attend.

www.artandspirituality.net

Other events this summer

* Friday-Saturday 10 to 11 July 2015: The Fire of Life

An Art and Spirituality Network workshop, led by John Harley and Nicky Teverson
Friday 6pm until Saturday 27 June 11am, at The Farmhouse, Keston, Kent BR2 6HR.

Discovering the energy and inspiration of fire through ritual and art-making.
Accommodation – bring a tent or there are a limited number of beds in the farmhouse.
Details and booking: artandsprituallity.net

* 11 August to 6 September : Inside Out, Outside In*

Art exhibition featuring internal and external human landscapes, by ASN members and Quaker artists Isa Levy, Anne McNeill-Pulati and Caroline Jariwala

Crypt Gallery, St Martins in the Fields, Trafalgar Square

Details: www.isalevy.co.uk and www.stmartin-in-the-fields.org/cafe-in-the-crypt

* 18 to 29 August: Climb up to the Moor exhibition

11am to 4pm daily, in “The Light”, at Friends House, 173 -177 Euston road London NW1 2BJ
details www.quakerarts.net

A number of other events will be associated with this exhibition, including:

* Sunday 23rd August: Quaker Meeting for Worship

11 am till noon in the “Climb up to the Moor Exhibition” with Friends House Quaker meeting

* Tuesday 25th August 2.30 : Away from the Moor: urban botany in Euston.

A walk (about 1 hour) around Euston with Roy Vickery finding wild plantlife Roy Vickery worked at the Natural History Museum for more than 40 years and has been collecting information on the uses and folklore of plants since the early 1980's . Meet in the “Climb up to the Moor” exhibition. Free .

bookings: roy@plant-lore.com

Wednesday 26th August : Greenspirit Day

Greenspirit members will be on hand with their publications at “Climb up to the Moor” Exhibition.